

May 2018 Info Burst Welsh Ambulance Services News

Top blogger reunited with ambulance team who saved him when he suffered a stroke find out more [HERE](#)

Newport woman who performed CPR on husband thanks Welsh Ambulance Service team for saving his life Find out more [HERE](#)

Paramedic Tom highlights plight of Rohingya refugees after flying out to help them find out more [HERE](#)

Welsh Ambulance Service up for potential hat-trick at NHS Wales Awards find out more [HERE](#)

Advanced paramedic initiative leads the way after being recognised with national award find out more [HERE](#)

Help shape Welsh Ambulance Service's Staff Awards [HERE](#)

111 service to be rolled out nationally [HERE](#)

Respiratory Conditions Survey 2018 and Stroke Survey 2018.

Would you be willing to take part in a survey? These two surveys are to gather information about yourself or your wider family members who may have been affected either by respiratory health conditions like breathing problems, COPD etc. or by Stroke. We won't ask you for any personal information and your feedback is completely anonymous. Our aim is:

- To understand people's expectations of health services, as they live with a respiratory health condition or with the aftermath of a stroke
- To improve people's experiences of health and social care.
- Plan future services around the needs of local people

For a survey and prepaid envelope please contact us:

Patient Experience & Community Involvement Team

Telephone: 01792 311773 Email: Peci.team@wales.nhs.uk

Welsh Ambulance Service Infection Prevention & Control Survey

Over the past few months the Welsh Ambulance Services has been developing its latest Infection Prevention and Control Improvement Plan. One of the objectives is to ensure our vehicles are clean. We would value your opinions on your experiences if you have recently used our services, you can access the survey [HERE](#)

Ambulance Life Magazine see the latest edition [HERE](#)

NHS Wales News

NHS@70 - The Story of Our Lives

You are being invited to take part in NHS at 70 – *The Story of Our Lives*, a national programme of work funded by the Heritage Lottery Fund. NHS at 70 aims to preserve NHS heritage and mark its 70th anniversary in 2018 by collecting stories and memorabilia from a diverse range of communities. To find out more please contact:
Hannah Crowney h.c.crowney@swansea.ac.uk at the Bevan Commission www.bevancommission.org

Improving and transforming outpatient services for the future: find out more [HERE](#)

FAQs about breast screening following incident in England: find out more [HERE](#)

Celebrating ten years of patient safety improvement [HERE](#)

Our big NHS change consultation has launched for Hywel Dda Health Board, have your say [HERE](#)

Hywel Dda University Health Board - New mental health information and self-help website developed in partnership with West Wales Action for Mental Health, service users and staff, to enable people to self-help and provide information on where to access further support should they need it. Find out more [HERE](#)

Other News

National Assembly report ‘Mind Over Matter’ Inquiry into the emotional and mental health of children and young people. See [HERE](#)

Water Safety in Open Water

Around 85% of accidental drowning occurs at open water sites. Many of these incidents occur due to a lack of knowledge and understanding of open water safety.

For further information on the Royal Life Saving Society UK click [HERE](#)

BME Skills Project

Seeking members of the BME community who would be interested in becoming mentors to support BME led or involving community group.

Please contact, Sandra Anderson, on 01978 312556 or sandra.anderson@avow.org

Older People’s Commissioner for Wales - Report

The Older People’s Commissioner for Wales has published two new reports detailing the achievements of the Commissioner, which are available online:

- Driving Change for Older People: Impact and Reach 2012-2018 ([English](#) | [Welsh](#))
- Impact & Reach Report 2017-18 ([English](#) | [Welsh](#))

Looking Forward....

Men’s Health Week: 11th to 17th June [HERE](#)

Diabetes Week: 11th to 17th June [HERE](#)

NHS Screening for Life: 1st July [HERE](#)

Contact us:

Patient Experience & Community Involvement Team

Telephone: 01792 311773

Email: Peci.team@wales.nhs.uk

Visit the Get Involved page on our website www.ambulance.nhs.uk

Twitter: **@WelshAmbPIH**

Hyrddiad Gwybodaeth Mai 2018 **Newyddion Gwasanaeth Ambiwllans Cymru**

'Top blogger' yn cael ei haduno â thim ambiwlans a wnaeth achub pan ddiodefodd strôc [YMA](#)

Menyw Casnewydd, a berfformiodd CPR ar ei gwr, yn diolch i dim y Gwasanaeth Ambiwllans yng Nghymru am achub ei fywyd [YMA](#)

Parafeddyg Tom yn tynnu sylw at lawer o ffoaduriaid Rohingya ar ôl hedfan allan i'w helpu [YMA](#)

Gwasanaeth Ambiwllans Cymru i fyny am 'hat-trick' bosibl yng Ngwobrau GIG Cymru [YMA](#)

Menter uwch barafeddyg yn arwain y ffordd ar ôl cael ei gydnabod gyda'r wobwr genedlaethol [YMA](#)

Helpwch i lunio Gwobrau Staff y Gwasanaeth Ambiwllans yng Nghymru [YMA](#)

Gwasanaeth 111 i'w cyflwyno'n genedlaethol [YMA](#)

Arolwg Cyflyrau Anadlol 2018

A fydddech chi'n fodlon cymryd rhan mewn arolwg? Yr arolwg hwn yw casglu gwybodaeth amdanoch chi'ch hun neu'ch aelodau teuluol ehangach a allai gael eu heffeithio gan gyflyrau iechyd anadlu fel problemau anadlu, COPD ac ati. Ni fyddwn yn gofyn i chi am unrhyw wybodaeth bersonol ac mae eich adborth yn gwbl anhysbys. Ein nod yw:

- Deall disgwyliadau pobl am wasanaethau iechyd, wrth iddynt fyw gyda chyflwr iechyd anadlol.
- Gwella profiadau pobl o iechyd a gofal cymdeithasol.
- Cynllunio gwasanaethau yn y dyfodol o gwmpas anghenion pobl leol.

Am arolwg ac amlen ragdaledig, cysylltwch â ni:
Tîm Profiad y Claf a Chynnwys y Gymuned

Ffôn: 01792 311773 Ebst: Peci.team@wales.nhs.uk

Arolwg Atal a Rheoli Heintiau Gwasanaeth Ambiwylans Cymru

Dros y misoedd diwethaf mae'r Gwasanaeth Ambiwylans Cymru wedi bod yn datblygu ei Gynllun Gwella Atal a Rheoli Heintiau diweddaraf. Un o'r amcanion yw sicrhau bod ein cerbydau'n lân. Fe fyddem yn gwerthfawrogi eich barn am eich profiadau os ydych wedi defnyddio ein gwasanaethau yn ddiweddar, gallwch gael mynediad i'r arolwg [YMA](#)

Ambulance Life Magazine, gweler y rhifyn diweddaraf [YMA](#)

Newyddion GIG Cymru

GIG @70 – Stori Ein Bywydau

Fe'ch gwahoddir i gymryd rhan yn y GIG yn 70 - Stori Ein Bywydau, rhaglen waith cenedlaethol a ariennir gan Gronfa Dreftadaeth y Loteri. Nod y GIG yn 70 yw cadw treftadaeth y GIG a nodi ei phen-blwydd yn 70 mlwydd oed yn 2018 trwy gasglu storïau a chofnodion o amrywiaeth eang o gymunedau. I ddarganfod mwy cysylltwch â:
Hannah Crowney h.c.crowney@swansea.ac.uk yng Nghomisiwn Bevan www.bevancommission.org

Gwella a thrawsnewid gwasanaeth cleifion allanol ar gyfer y

dyfodol: darganfod mwy [YMA](#)

[<http://www.wales.nhs.uk/sitesplus/888/news/48278>](http://www.wales.nhs.uk/sitesplus/888/news/48278)

Cwestiynau Cyffredin ynghylch sgrinio'r fron yn dilyn digwyddiad

yn Lloegr: darganfyddwch fwy [YMA](#)

Dathlu deg mlynedd o welliant diogelwch cleifion [YMA](#)

Mae ein hymgyngoriad newid mawr i'r GIG wedi lansio ar gyfer

Bwrdd Iechyd Hywel Dda, dywedwch [YMA](#)

Bwrdd Iechyd Prifysgol Hywel Dda - Gwefan newydd ar gyfer

iechyd meddwl a hunangymorth a ddatblygwyd mewn partneriaeth â

Gweithredu Iechyd Meddwl Gorllewin Cymru, defnyddwyr gwasanaeth a

staff, i alluogi pobl i hunangymorth a darparu gwybodaeth ar ble i gael cymorth pellach os oes angen. Dysgwch mwy [YMA](#)
<<http://www.iawn.wales.nhs.uk/hafan>>

Newyddion arall

Adroddiad Ymchwilio Cynulliad Cenedlaethol 'Mynd Over Matter'
mewn i iechyd emosiynol a meddyliol plant a phobl ifanc. Gweler [YMA](#)

Diogelwch Dŵr mewn Dŵr Agored

Mae oddeutu 85% o foddï damweiniol yn digwydd mewn safleoedd dŵr agored. Mae llawer o'r digwyddiadau hyn yn digwydd oherwydd diffyg gwybodaeth a dealltwriaeth o ddiogelwch dŵr agored.

Am ragor o wybodaeth am Gymdeithas Arbed Bywyd Brenhinol y DU, cliciwch [YMA](#)

Prosiect Sgiliau BME

Chwilio am aelodau o'r gymuned BME a fyddai â diddordeb mewn mentoriaid i gefnogi grwpiau cymunedol BME.

Cysylltwch â Sandra Anderson ar 01978 312556 neu Sandra.anderson@avow.org

Comisiynydd Pobl Hŷn Cymru - Adroddiad

Mae Comisiynydd Pobl Hŷn Cymru wedi cyhoeddi dau adroddiad newydd yn manylu ar y pethau y mae'r Comisiynydd wedi'u cyflawni, sydd ar gael ar-lein:

- Sbarduno Newid i Bobl Hŷn: Effaith a Chyrhaeddiad 2012-2018 ([Saesneg](#) | [Cymraeg](#))
- Adroddiad Effaith a Chyrhaeddiad 2017-18 ([Saesneg](#) | [Cymraeg](#))

Edrych ymlaen....

Wythnos Iechyd Dynion: 11 i 17 Mehefin [YMA](#)

Wythnos diabetes: 11 i 17 Mehefin [YMA](#)

Sgrinio'r GIG am Oes: 1af Gorffennaf [YMA](#)

Cysylltwch â ni:

Tîm Profiad y Claf a Chynnwys y Gymuned

Ffôn: 01792 311773

E-bost: Peci.team@wales.nhs.uk

Ewch i'r dudalen Cymryd Rhan ar ein gwefan

www.ambwlans.wales.nhs.uk

Trydar: **@WelshAmbPIH**