

September 2017
Info Burst
Welsh Ambulance Services News

Children's Promises

We want children and young people to tell us the kind of Ambulance Service they would like, click [HERE](#) to see a film showing some of the things children say are important to them.

The Welsh Ambulance Services now a Dementia Friendly Community

The Welsh Ambulance Services NHS Trust is now confirmed as a Dementia Friendly Community! This is a great achievement, but this is just the beginning. Following this the Trust has launched its Draft Dementia Plan Consultation, and we need you to get involved and give your feedback.

In the Plan, we highlight the role the Welsh Ambulance Services has to play, and the work we will deliver over the next 3 years to improve the services we provide for people living with dementia.

We would welcome your comments on our **Draft Dementia Plan**. Please click [HERE](#) to view our Plan and instructions for how to fill in and return to us.

Double delight for Welsh Ambulance Service at NHS Wales Awards

Find out more [HERE](#)

Personal assistant steps into shoes of ambulance colleagues after delivering grandson in bathroom

Find out more [HERE](#)

Find out how awareness of how to do basic life support can save lives.

Click [HERE](#) for more information

Trialling the use of Trauma Teddies

A Knitters group who regularly meet at 'Cafe 50' in Pontyclun have donated over 200 Teddies which they knitted. The wool is donated from people in their local community. These beautiful creations are about to be despatched to various Ambulance Stations in Cwm Taf to help to de-

stress traumatised patients, children, people with dementia or people with learning difficulties or mental health needs.

The future of the Ambulance Service. What will the Welsh Ambulance Service of the future look like? – Click [HERE](#) to comment on our Long Term Strategy for the service.

Read our **Patient Experience & Community Involvement** report from April to June 2017. Click [HERE](#) to find out about all of the work we have done with different communities.

Be Winter Wise this Autumn:

- **Get your shots:**
Encourage your family and friends to get their flu and shingles jabs in plenty of time for winter 2017, find out more [HERE](#)
- **All wrapped up:**
Keep warm and stay warm this winter, [HERE](#) and [HERE](#) are some tips to tell you how
- **No Appointment Needed:**
Pharmacies are a great community asset for obtaining medicines, support/advice on range of common conditions/minor illness without an appointment find out where your local one is [HERE](#)
- **Are you Choosing Well?** Try our quiz and find out [HERE](#)
- **Check your symptoms NHS Direct Wales Symptom Checker**
[HERE](#)
- **Ask us your Health Question** [HERE](#)

Social Media

Keep up to date with everything the Welsh Ambulance Service is up to! You can follow the Welsh Ambulance Service's Patient Experience and Community Involvement Team on Twitter. We now have over 3,000 followers! Help us to reach 4000 by clicking [HERE](#) to view our profile page and follow us @WelshAmbPIH Thank you!

NHS Wales News

Winners of NHS Wales Awards 2017 announced [HERE](#)

Review of all Community Adult Mental Health Services in Wales

Healthcare Inspectorate Wales and Care and Social Services Inspectorate Wales (CCSIW's) are reviewing all community adult mental health services in Wales to check whether patients are receiving the care, treatment and support that they need. To participate in this review and encourage your services users and carers to get involved there is a CCSIW's online survey you can complete [HERE](#)

Other News

Samaritans South Wales Valleys Project are recruiting again.

Please contact Susan Francis Project Officer - South Wales Valleys Pilot Project Tel: 029 2022 2008.

Parents warned of measles risk as summer holidays end

Find out more [HERE](#)

Have your say, and help shape the next decade of health and well-being in Wales [HERE](#)

Disability Wales Annual Conference and AGM – takes place on 19 October 2017 at the Orbit Centre, Merthyr Tydfil. Guest Speakers include: Cabinet Secretary for Communities and Children Carl Sergeant AM. For more information and to book your place please email info@disabilitywales.org

Looking Ahead

World Mental Health Day 10th October [HERE](#), but look for events in your area, for example in Cwm Taf you can find out more [HERE](#)

Hate Crime Awareness Week 14th -22nd October: [HERE](#)

October: Black History Month: [HERE](#)

Carer's Rights Day Friday 24th November 2017: [HERE](#)