

Cardiff Health, Social Care and Wellbeing Network Meeting Briefing: 19 June 2019

The network meeting took place on the 5 March 2019 at Baltic House. Thank you to everyone who came along. I welcome all feedback and suggestions for future meetings, if you have any suggestions please email me at sarah.c@c3sc.org.uk

Learning Disabilities

The new [Cardiff and Vale Joint Commissioning Strategy for Adults with Learning Disabilities 2019-2024](#) – ‘Promoting Independence and Improving Lives’ was launched at an event on the 18 June 2019. There are eight priorities within the Strategy:

1. Health and Feeling good
2. Information – Accessible and easy to understand
3. Choice and Control – consultation and inclusion
4. The Right Support at the Right Time
5. Work, Volunteering and Day Opportunities
6. The Transition from Child to Adult Services
7. Having My Own Home
8. Collaboration and Coproduction.

Copies of the Strategy are available in full and easy read formats from the Council websites

Each of the 8 priority areas will have a workstream attached to it to develop the workplan to deliver the strategy. Information on how people can get involved will be available shortly.

Substance Misuse

The Cardiff and Vale Area Planning Board are due to recommission Substance Misuse services so that the new services are ready to deliver from April 2021. The [Market Position Statement](#) as part of the process is now available. The Commissioning is due to be outcomes based, hopefully with a slightly less medical model with more opportunities around the social aspects and impacts. Discussions and planning are in the early stages, there will be workshops to develop the plans going forward. There is a timeline included in the Market Position Statement.

Grandparents Raising Grandchildren

An update was provided on the work they have been undertaking. They attended a Network meeting where they met a representative from Diverse Cymru, who directly invited them to attend some training. The training provided confidence to approach the Cardiff and Vale University Health Board when they were due to review their Adoption policy. A discussion took place between the UHB and Grandparents Raising Grandchildren resulting in Special Guardianship Orders being added to the Adoption policy. The UHB is the first in Wales to acknowledge these, this has been shared with Welsh Government, as a result the Minister has said that the change will be adopted across the whole of Wales next year.

Networking

Welsh Ambulance Service NHS Trust: There is a [carers consultation](#) out and they would like as many people as possible to complete it.

Dewis CIL: There has been a bit of a lull in referrals and there have been issues with recruiting Personal Assistants, but they are now working with the Job Centres to change the perception of the role. They have found people have a false impression of what is involved, they think it is just personal care and not about the social aspects that people are increasingly wanting.

Diverse Cymru: Are running a Have Your Say event on the 26 June 2019 on poverty and equality.

Cais and NuHi: Are working closely, they are training people to break down barriers for people to engage with services. They also have a Family Court Companion to support those with children who are going through the court system.

Headway: Special in head and spine injuries and are increasingly working with more opportunities in the community to meet the needs of those they support.

Ovarian Cancer Action: They will be moving into the Maggie's Centre at Velindre, and are looking for volunteers.

C3SC TSLO's: Mapping groups and services across Cardiff.

Human Rights and Health and Social Care Session

British Institute of Human Rights attended to present on Human Rights and how they impact on Health and Social Care, including providing their new booklets. The slides are available on the [C3SC website](#). Human Rights are legally binding principles which are there to balance power between officials (Government) and individuals. There are 16 rights:

- Right to life
- Right not to be tortured or treated in an inhuman or degrading way
- Right to be free from slavery or forced labour

- Right to liberty
- Right to a fair trial
- Right not to be punished for something which wasn't against the law when you did it.
- Right to respect for private and family life, home and correspondence
- Right to freedom of thought, conscience and religion
- Right to freedom of expression
- Right to freedom of assembly and association
- Right to marry and found a family
- Right not be discriminated against in relation to any of the human rights listed here
- Right to peaceful enjoyment of possessions
- Right to education
- Right to free elections
- Abolition of the death penalty

There are 3 elements that are required of

- 1) Respect: not to breach human rights
- 2) Protect: take action to safeguard people's rights including when the risk from a non-official like a family member
- 3) Fulfil: to have the right processes and procedures in place, particularly to investigate when things have gone wrong.

The Absolute ones are consistent and cannot be altered, the Non-Absolute can be changed within some areas but they have to be able to pass the 3 process test:

- 1) Lawful and
- 2) For a legitimate aim, and
- 3) Proportionate.

For more information please visit www.bih.org.uk/health

And Finally... the next Cardiff Health, Social Care and Wellbeing Network meeting is on the **4 September 2019 from 9.30am to 12noon.**

I look forward to seeing you then.

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