

## **Supporting Parents & Siblings with Children with Mental Health Issues Grant 2019**

The Disability Futures Programme Board have allocated £19,000 in total, to fund new and innovative third sector preventative community activities and services in Cardiff and the Vale. The funding is to support innovative and new ways of working and the Board has allocated £19,000 in total, to fund new and innovative third sector community activities and pilot support services for parents or siblings of children with mental health issues in Cardiff and the Vale. The Grant is administered by C3SC.

**The Programme is open for applications from 2 December 2019 with a deadline for submission of 12 noon on 16 December 2019.**

### **Aim of the Programme**

This **revenue and capital** Grant aims to support proposals which improve the quality of life for parents of children with mental health issues by ensuring that opportunities are put in place locally to promote resilience, health, wellbeing and independence.

We are looking to support proposals for new services or activities which respond to the needs of parents or siblings of children with mental health issues, provide them with additional knowledge and skills, reduce their social isolation, build on community assets and maximise the impact of preventative services. For example, you may wish to set up a new self-help group or forum, or provide mental health first aid specific for them, provide information and advice, organise a special event or a community befriending service to reduce isolation.

[Application forms](#), and [guidance](#), are available by emailing [admin@c3sc.org.uk](mailto:admin@c3sc.org.uk) or by telephone 029 2048 5722 or by visiting the [C3SC website](#).